

Domestic abuse

not everyone is safe at home



Don't feel alone

Some people have to stay home with a person who treats them badly. It is never ok to

- * Hurt you
- * Threaten you
- * Control you
- * Be sexual if you say no



There are lots of ways someone can abuse you



Does the person make you feel scared?



If you don't feel safe tell someone you trust



It is OK to leave your home from domestic abuse



**If you are in danger
Call 999
or phone 0808 2000 247
for the free helpline**